

Dexter Bar-B-Que – Food Products

Gluten Information

To the best of our knowledge the following information is accurate and is provided to our customers who may be concerned about Gluten sensitivity; and hope this is helpful in making the decision on which food products may be suitable for you to consume:

Meat Products

All of our meats and the seasoning spices that are used are considered gluten free, e.g., Pulled Pork, Brisket, Ribs, Smoked Chicken and Smoked Turkey Breast.

Sides

Baked potato, baked beans, green beans and side salad are gluten free. Twice-baked potatoes have cheese which may contain whey, so we do not recommend them. Also, one needs to watch which dressings they use on their salad. Usually, people with gluten concerns know which dressing they can and cannot have; for example, most know to use one with no mayonnaise. The potato salad and coleslaw have mayonnaise which can potentially contain gluten, therefore are not recommended.

Sauces/Seasonings

Our seasonings are gluten-free.

All of our sauces contain distilled vinegar and based on research vinegar is a controversial subject in the gluten-free world. Vinegar tests well below the less than 20 parts per million gluten threshold that is considered "gluten-free. However, a substantial minority of people with celiac and gluten sensitivity react both to distilled alcohol and distilled vinegar that are originally derived from gluten, even though most experts agree those substances are "gluten-free." Therefore, we advise those who are newly diagnosed to proceed very carefully when dealing with those types of alcohol and vinegar until they can determine for themselves whether they react or not. If you are not one of these people then all our sauces should be tolerable.